



PFC by the numbers

10,000+
Number of social service agencies registered in PFC database

17,953
Number of people who attended workshops for Kids Have Stress Too![®] Program

3,250+
Number of Kids Have Stress Too! downloaded this year

2M
Number of Parenting For Life booklets and tip sheets distributed across Canada

35,000+
Number of Stress Lessons Guides distributed across Canada

15,000+
Users of stress strategies